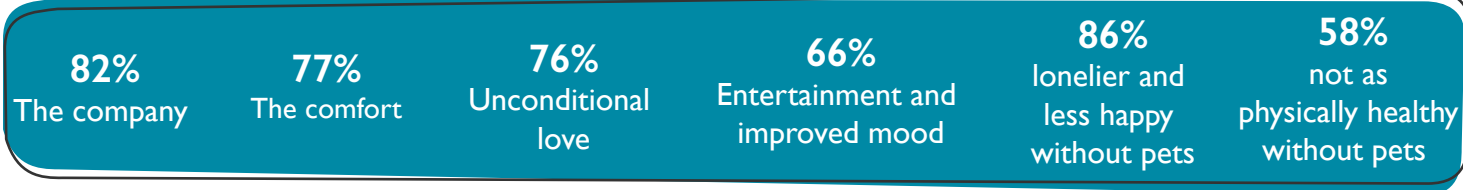




Pets & Seniors

Many older adults find that pets can provide the companionship and love they desire as they age, reducing feelings of isolation and loneliness. Can we receive these benefits even without owning a pet? Yes! Research conducted by Home Instead, Inc. confirms the advantages of both pet ownership and interaction:

The Benefits of Pet Ownership



Home is Where Your Pet Is



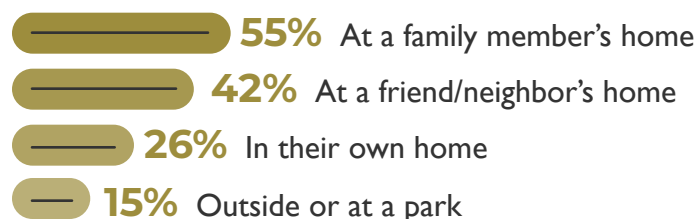
say their pet is a factor in deciding where they will live as they age.



will not consider moving to a senior living community without their pet.

You Don't Need to Own a Pet

Seniors who interact with, but don't own, pets do so:



The Benefits of Pet Ownership

Pet owners who live alone are significantly more likely to report increased benefits of pet ownership:



Fun facts

Of seniors who own pets, dogs rule:



62% have a dog



55% have a cat



9% own a bird or fish

2% have a small mammal, such as a gerbil

1% own a lizard, turtle or other reptile

Visit PetsandSeniors.com for more information.

Home Instead, Inc., franchisor of the Home Instead Senior Care® network, fielded an online survey among 1,000 North American seniors aged 65+. Of these 1,000 respondents, 400 are pet owners, 300 are non-owners, but interact with a pet regularly, and 300 are non-owners and do not interact with a pet regularly. Ninety percent of the sample live in the U.S., with 10 percent living in Canada. The survey was fielded between April 1-8, 2019.

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